

# Strong commitment equals a strong life

Your commitment has to be stronger than the voice in your head.

Your commitment has to be stronger than your wants.

Your commitment has to be stronger than your past.

Your commitment has to be stronger than your fears.

Your commitment has to be stronger than your emotions.

Your commitment has to be stronger than your moods.

Your commitment has to be stronger than your screens.

If any of the above overwhelm your commitment you will drift, weaken, decline, and die.

**A sincere commitment is spoken into existence and lived.**

**A sincere commitment will alter unworkable behaviors.**

**A sincere commitment doesn't go weak.**

**What will upgrade your life is:**

1. Choose a significant outcome.
2. Sincerely commit to it.
3. Bracket anything in the way.
4. Don't stop until you win.

**- Dusan Djukich**

